

RIVERHAWK BASEBALL COACHING STAFF

Head Varsity- Troy Rood	641-430-6240
Assistant Varsity- Chris Deets	641-210-5553
Head JV1- Jordan True	641-210-5553
Head JV2- Seth Wagner	641-220-6010
Assistant JV1/JV2- Chris Rish	641-430-5498

PARENT COMMUNICATION/INVOLVEMENT

All parents/guardians are encouraged to call the head coach of their son's team with any concerns they might have throughout the season. The coaching staff wants every player in our program to have a rewarding, educational experience playing Riverhawk Baseball. Healthy coach and parent communication can play a vital role in the quality of each student-athlete's experience.

We will also provide the following opportunities to encourage and promote coach-parent communication:

1. We will send announcements throughout the season via SportsYou to all families with important information regarding any upcoming events related to Riverhawk Baseball.
2. We will conduct a pre-season large group parent meeting at Lincoln Intermediate in late March.
3. We will have updates about our program on our website at www.Riverhawkbaseball.com and "Like" us on our Facebook page at Mason City Riverhawk Baseball.
4. Families are also encouraged to follow us on X at @P2Wbaseball_MC

Please don't hesitate to call us with any questions or concerns. Our phone numbers are located in the front of this handbook.

The coaching staff highly encourages and promotes parental involvement in our program. You can get involved in any of the following ways (these will all be explained at our pre-season player/parent meeting):

1. Diamond Dads
2. Roosevelt Field improvement/clean-up projects.
3. Community service projects
4. Team potlucks/bar-b-cues
5. Fundraising help (HIt-a-Thon and OF Sign Program)
6. Awards banquet planning and organization
7. Other ideas??? Please let us know!!!

SOCIAL MEDIA POLICY

Any Riverhawk baseball player who violates the below policy regarding social media will be subject to discipline action by the coaching staff.

"exceedingly inappropriate or offensive conduct such as assaulting staff or students, gross insubordination (talking back or refusing to cooperate with authorities), hazing or harassment of others. Such harassment does not have to rise to the level of violating the school's anti-bullying/harassment policy, but rather may include inappropriate and/or disparaging comments to or about others, whether made verbally, in writing, or by electronic means (e.g., text messages, electronic mail, or posting on social networking sites). Examples of such harassment includes, but is not limited to: threats; inappropriate comments about the traits of an individual or group; creating parodies to make fun of others; posting or otherwise sharing potentially embarrassing photographs, drawings, video, or depictions of others without permission. NOTE: This could include group conduct! This rule is not intended to prevent a student from expressing his/her religious or political beliefs."

The Riverhawk baseball coaching staff strongly feels that our program must be loyal to each other at all times. Any disagreements or conflict should be handled face-to-face. One of our Riverhawk Commandments is "Team before Me." We expect all players to put the team first and to honor our social media policy.

RIVERHAWK BASEBALL CREED

“THE RIVER HAWK WAY”

1. Discipline Yourself
2. Respect the Game
3. Team before Me
4. Play to Win

**The Riverhawk Creed is the heart and soul
of our program.**

CLASS

Class never runs scared. It is sure-footed and confident. It can handle whatever comes along.

Class has a sense of humor. It knows that a good laugh is the best lubricant for oiling the machinery of human relations.

Class never makes excuses. It takes lumps and learns from mistakes.

Class knows good manners are nothing more than a series of petty sacrifices.

Class bespeaks an aristocracy that has nothing to do with money. Some extremely wealthy people have no class while other who are struggling to make ends meet are loaded with it.

Class is real. You can't fake it.

The person with class makes everyone around him feel comfortable because he is comfortable with himself.

If you have class, you have made it.

If you don't have class, no matter what else you have, it doesn't make any difference.

CLASS IS SYNONYMOUS WITH RIVER HAWK BASEBALL

“A LEGACY OF EXCELLENCE”

Our history is rich with success. In 85 plus years, Riverhawk baseball has qualified for 24 state tournaments and won 7 state titles. Every time you put on a Riverhawk baseball uniform you become part of this legacy, and it becomes your responsibility to add to the legacy for future Riverhawks. Below is a breakdown of our “Legacy of Excellence”:

STATE CHAMPIONSHIPS

1935- Spring
1937- Spring
1938- Spring
1946- Spring
1956- Spring
1972- Spring
1972- Summer

STATE RUNNER-UP

1957- Spring
1958- Spring
1967- Spring
1979- Summer
2011- Summer

STATE SEMI-FINALS

1947- Spring
1968- Spring
1970- Spring
1982- Summer
2003- Summer
2006- Summer
2010- Summer

STATE QUARTER FINALS

1954- Spring
1978- Summer
1997- Summer
2004- Summer
2017- Summer

RIVERHAWK BASEBALL

GENERAL GUIDELINES

1. **Required Purchases and Equipment**-All players will be expected to purchase the following items: practice pants, a game hat, required jerseys for their level, and baseball shoes. Each player will also be responsible for providing their own fielding glove and batting gloves. Catchers may supply their own gear, but we will also have team gear available at all levels of the program. Players may choose to supply their own bats as well. However, team bats will also be provided. **If money is a problem in securing any of the required purchases, please see the coaching staff.** We will make sure all players are able to purchase their required gear.
2. **Spring Sports**-Our coaching staff highly encourages all baseball players to participate in other school activities including spring sports (track, soccer, or tennis). Athletes involved in a spring sport during baseball should place top priority in terms of practice attendance and competition attendance on the spring sport. However, athletes will still be expected to attend all baseball practices that do not conflict with a spring sport practice or competition unless they get clearance from their baseball coach to be absent from practice.
3. **Injuries**-All players should report any injury to a member of the coaching staff so that we can seek medical attention from our trainer. Our trainer will assess all athletic injuries free of charge. The most common baseball injury deals with sore throwing arms. This injury can be minimized by warming up properly, using correct throwing mechanics, and using proper recovery practices (these methods will be taught by our coaching staff).
4. **Registering to Participate in Baseball**-All prospective baseball players must register on-line before they will be allowed to practice. This can be done through the school district's website at www.masoncityschools.org. Please be sure to take care of this at least a week before the first day of practice. Each athlete must have a current physical in order to register to play baseball.
5. **School Insurance**- A student accident insurance plan can be purchased through the school. The forms are available in the high school office.
6. **Lettering Policy**- We believe much pride should come with earning a Riverhawk varsity baseball letter. Receiving a letter is not a right, but an honor that must be earned. The following criteria will be used to award letters:
 - Finish the season in good standing, which includes following all rules in the handbook
 - Participation in 75% of the varsity games (1 inning played constitutes a game played)
 - A varsity pitcher can earn a letter by appearing in 8 games or more as a pitcher (Pitching to 1 batter constitutes an appearance)
 - The entire varsity roster will be awarded a letter if the team wins the conference title or qualifies for the state tournament
 - A senior who has participated in Riverhawk Baseball all four years will be awarded a letter.
 - Coaches discretion can be used in all other situations
 - A manager who finishes the season in good standing will be awarded a manager's letter

7. **Other Awards-** Prior to the awards banquet, the coaching staff will determine the following Varsity awards:

- Cy Young- Pitcher of the year.
- Silver Bat- Offensive player of the year.
- Mr. Baseball- Our version of the Mr. Hustle Award. Plays hard and with passion.
- Gold Glove- Defensive player of the year.
- Mr. River Hawk - Leadership award.
- Most Versatile Player- The player who contributes in the most areas of the game.
- Breakout Player of the Year- The player who has the biggest break out season on the varsity team.
- Dugout Award- A player coach. Shows constant enthusiasm and leadership.

8. **Senior Night-** We will honor our senior baseball players and parents between games at a late season game. The coaching staff would like to make sure that everyone in our program knows that the purpose of this event is to honor our seniors and parents for their contributions to our program. **It is not our intent to start all seniors in this game. Our top players will start this game as they would any other game throughout the season.**

9. **Good Conduct Policy- Good Conduct Code for Participation in all Extra-curricular and Co-curricular Activities**

DEFINITIONS

1. The term “student activity” shall apply to all co-curricular (classroom-related) and extracurricular (outside the classroom) student activities now operating or which may be implemented after this policy is in effect.
2. The term “activity advisor” shall apply to any employee of the Mason City Community School District who is assigned the responsibility for coaching, directing, or advising a student activity for students.
3. The term “days” shall mean calendar days.
4. The term “student” shall refer to any male or female person, grades 7-12, who is enrolled with the Mason City School System. A male or female person electing to participate in any student activity during the summer, following his/her graduation from Mason City High School, shall also be considered a “student” for purposes of interpreting this policy. Students who are residents of other school districts who elect to participate in activities (open enrollees or shared programs) are also covered by this policy.

POLICY

The Mason City Community School District encourages students to participate in activities because of the benefits derived. It shall be the policy of this district that student participation in student activities is a privilege rather than a right.

SCOPE OF POLICY

Students who elect to participate in student activities serve as ambassadors of the School District throughout the calendar year, whether away from school or at school. Students who wish to have the privilege of participating in school activities shall be expected to exemplify high standards of behavior and conduct themselves in accordance with Board policy. Students must refrain from activities which are illegal, immoral, or unhealthy.

The Good Conduct Policy applies to all extracurricular activities including, but not limited to, all athletes, music, speech, drama, cheerleading, dance, student senate, team honors, and school honors.

ACCOUNTABILITY OVERVIEW

Students wanting to participate in school activities must meet the requirements set out by the School District for participation in the activity. Students who fail to abide by this policy and the administrative regulations supporting it may be subject to disciplinary action.

The activity department will keep records of violations of the good conduct rule.

It is the responsibility of the Superintendent or designee to develop rules and regulations for school activities.

GOOD CONDUCT

Good conduct consists of behavior that reflects the generally accepted social and moral requirements of the community, is legal, and at all times reflects respect for and sensitivity to others. Violations will be addressed according to policy 503.4. Consequences may include, but not limited to, ineligibility and/or community service.

VIOLATION(s)

When information is obtained from law enforcement officials, staff members, juvenile court officers, and/or the student/parent(s)/guardian(s) in question of a violation, the activity director will begin an investigation. Students under investigation are suspended during the time of the investigation. Cooperation of the student is vital to the investigative process and thus, is rewarded through reduced consequences.

A student is said to be in violation if:

1. Found so by a court of law
2. He/She admits to violating one of the guidelines
3. After the investigation is completed, the administration has reasonable cause to deem the student violated the Good Conduct Policy.

A student may lose eligibility under the Good Conduct Policy for any of following behaviors:

- Possession, use, or purchase of tobacco products (including vaping), regardless of the student's age; possession, use, or purchase of alcoholic beverages. "Possession" has been defined by the Iowa Supreme Court as being within reach of or in 'close proximity to' the contraband (e.g. alcohol or other drugs)
- Attending a function or party where the student knows or has reason to know that alcohol or other drugs are being consumed illegally, by minors and failing to leave despite having a reasonable opportunity to do so
- Possession, use, distribution, or attempted sale/purchase of illegal drugs, or the unauthorized possession, use, distribution, or attempted sale/purchase of otherwise lawful drugs

- Engaging in any act that would be grounds for arrest or citation in the criminal or juvenile court system (excluding traffic or hunting/fishing violations), regardless of whether the student was cited, arrested, convicted, or adjudicated for the act(s).
- Founded cases of bullying and harassment at school or through cases involving social media and electronic communication platforms.
- When attending an event as a spectator that Mason City is participating in, unsportsmanlike behavior may result in removal from an event and trigger a good conduct violation.

Note: This could include group conduct.

CONSEQUENCES

A student who self-reports their offense to a head coach, administrator, or the activity director within 72 hours will receive a reduction in activity dates missed. Activity suspensions will take place in the activity that the student is currently involved in or his/her next sport or activity they participate whenever that occurs. Students will also be required to complete either 5 or 10 hours of community service for the activity department dependent on the offense as described and directed by the activity director. If a student is involved in both athletics and an activity/club, whichever activity has a higher number of dates will be the activity that the ineligibility will be enforced.

Suspension Guidelines for Activities

# of Activity Dates allowed <i>Regular Season Only</i> <i>When determining dates</i>	Self Report for Offense #1 # of Dates Suspended Hours of Service	No Self Report for Offense #1 # of Dates Suspended Hours of Service	Self Report for Offense #2 # of Dates Suspended Hours of Service	No Self Report for Offense #2 # of Dates Suspended Hours of Service	3rd Offense, and subsequent offenses # of Dates Suspended Hours of Service
4-10 Cross Country Football Jazz 1, 2 Pep Band Choir	1 Date 5 Hours	2 Dates 5 Hours	3 Dates 10 Hours	4 Dates 10 Hours	One Year 15 Hours
11-15 Golf Bowling Swimming Tennis Volleyball Wrestling Soccer	2 Dates 5 Hours	3 Dates 5 Hours	4 Dates 10 Hours	5 Dates 10 Hours	One Year 15 Hours
16-21	3 Dates	4 Dates	5 Dates	6 Dates	One Year

Basketball Track	5 Hours	5 Hours	10 Hours	10 Hours	15 Hours
22+ Baseball Softball	4 Dates 5 Hours	5 Dates 5 Hours	6 Dates 10 Hours	7 Dates 10 Hours	One Year 15 Hours

*Postseason competition will be figured into suspension dates if applicable.

*Suspension dates above will occur regardless of the number of games scheduled on a date (tourney, double header, etc.)

IMPORTANT NOTES

- All disciplinary rules of policy 503.4 Good Conduct Policy apply to interscholastic athletics and activities.
- A student who incurs a violation after self-reporting or being reported will have a conference (in person or by phone) with the activity director to review the details of the consequences. Parent(s)/guardian(s) will be notified in writing of the suspension and are welcome to attend the suspension conference.
- During the suspension, the student athlete is required to attend practices but will not be allowed to dress for suspended competitions, nor shall they be allowed to travel with or sit with the team during the suspension.
- A student who quits the sport prior to completion of the suspension or the season will not be credited with any suspension service time.
- A student may join a club/activity at any time, however, if they have not been a member since the start of that club/activity that school year, they may not use that club/activity to use up ineligibility.
- When assessing the penalty, the head coach will validate enforcement of game dates based on the level of competition the athlete has been classified up to that point. Junior Varsity athletes on a varsity team will follow a varsity schedule timeline in dates of suspension.
- If fewer game dates remain to be played at the time of the violation, the ineligibility shall carry over into the next sports season in which the student participates.
- Good Conduct violations will accumulate over a four year period while the student is in high school.
- All students begin high school with a clean slate. High School begins the day after the last scheduled class for eighth grade.
- A student who is academically ineligible and violates the good conduct policy will have their dates of good conduct suspension begin after they have served their ineligibility due to academic suspension.

DUE PROCESS

Whenever a student is declared ineligible by the activity director/principal for a good conduct violation, the following shall apply:

A. The student and his/her parent(s)/guardian(s) shall be invited to the school for a conference. At that time, the length of the period of ineligibility and a specific explanation of the reasons for ineligibility will be given in writing; open discussion will follow.

B. Should the student and/or his/her parent(s)/guardian(s) feel the penalty is unjustified or unfair, they may appeal within Five (5) days of written notice in the following manner:

1. A three-member panel shall review the case. The review panel shall consist of three (3) administrators made up of the principal and two others.
2. The student and his/her parent(s)/guardian(s) shall be notified when and where the review panel will meet, and they shall be allowed to appear before the review panel. The panel shall meet within a period of three (3) days of the appeal.
3. The review panel shall consider the circumstances and evidence and make its findings and recommendation in writing to the student and parent(s)/guardian(s) and to the principal within two (2) days. Responsibility for the decision rests solely and finally with the principal.
4. Following the decision, the student and/or his/her parent(s)/guardian(s) shall be given Five (5) school days to file an appeal with the Superintendent, or the Superintendent's designee.
5. During the appeal procedure, the student will be ineligible. Every effort will be made to ensure a timely process during the appeal process.
6. When an appeal is submitted after the last day of school, the limit shall consist of all weekdays, Monday through Friday.

10. Riding the Bus- All players at all levels will be expected to ride the bus to the away location and also ride the bus back home with the team. If a special situation arises, please talk to the coaching staff in advance to get clearance to take alternative transportation. The coaching staff feels strongly that riding the bus home as a team helps build team unity.

11. Concerns- Our coaching staff strives to provide a positive experience for all our student athletes. If your son or you ever have a concern, please don't hesitate to contact us. We ask that you wait 24 hours before contacting us and that we meet face to face with your son present. We do not want to engage in email, text, or phone conversations about concerns regarding your son. Our goal is to work with all parents to provide a positive experience for all our players.

DISCIPLINE YOURSELF

“Success generally depends on knowing how long it takes to succeed.”

Montesquieu

“Great works are performed not by strength but by perseverance.”

Samuel Johnson

“The only place where success comes before work is in the dictionary.”

Vidal Sassoon

“The uncommitted life isn’t worth living.”

Marshall Fishwick

“It is a rough road that leads to heights of greatness.”

Seneca

“He who stops being better stops being good.”

Oliver Cromwell

DISCIPLINE YOURSELF

Baseball is a game of discipline. Without discipline long-term success cannot be gained. Discipline is a hallmark of Riverhawk baseball. The ultimate form of discipline is self-discipline. From players to coaches, every member of the program has direct control over self-discipline. Specifically, a self-disciplined Riverhawk baseball player will:

1. Attend all practices and be punctual. All players must be ready to begin practice at the scheduled start time of practice.
2. Practice with 110% intensity and focus. Players must put pressure on themselves and each other to perform each drill and repetition with discipline.
3. Represent yourself, your family, and the Riverhawk baseball program with class by acting as a positive role model both on and off the playing field.
4. Display mature and respectful conduct on all road trips and at any restaurant we eat at after games.
5. Refrain from all profanity by using appropriate language and a respectful tone of voice at all times.
6. Get an appropriate amount of sleep during the season.
7. All players should maintain 100% focus during games. Players will not be allowed to leave the dugout area for any reason other than playing, picking up equipment, taking a hat and glove to a teammate, warming up a teammate, jogging to the foul pole after our offensive half inning, or congratulating a teammate. Players in the dugout must remain focused on the game at all times.
8. Place top priority on academic achievement.
9. Control emotions at all times. Bats, helmet, gloves, and all other equipment must never be thrown in anger. Also, do not exchange competitive or degrading words with an opponent. Finally, do not question or show up an umpire.
10. All players who are not in the starting defensive line-up will be expected to jog out and back from our dug out to the foul pole on our side at the end of all our offensive half innings.
11. No defensive player will be allowed to cut across the grass portion of the infield to take their respective position. Instead, they must run along the baseline.
12. Be smart on game day. Do not spend all afternoon in the hot sun. Think of the team first!!

IN THE CONTEXT OF RIVER HAWK BASEBALL, RESPECTING THE GAME CAN BE DEFINED AS:

Always playing with discipline and enthusiasm.

Being a positive role model for younger players in our program and community.

Accepting the responsibility of passing on to the next generation of Mohawk baseball players a tradition of excellence.

Understanding that it was not the helmet, bat, glove, or water cooler that caused the problem.

Helping your opponent when a foul ball goes out of play.

Becoming a student of the game and appreciating the strategy of the game.

Always wearing your uniform with pride.

Remembering and honoring those who paved the way for you.

Accepting that sometimes all people make mistakes.

Defeating an inferior opponent without embarrassing them.

Sprinting on and off the field after the third out.

Winning with humility while maintaining your dignity in defeat.

Being courteous to spectators both at home and on the road.

Jogging away from home plate after an umpire makes a bad call.

Always beginning the game with a clean uniform and shoes.

Respecting the role everyone in our program plays in our success.

Never quitting until the game is over.

Respecting your opponent by always being prepared.

Never take for granted anytime you get to play this beautiful game.

RESPECT THE GAME

Baseball is a simple yet complex game. It is a game rich in beauty, history, and even luck. It is a game that demands the respect of its participants. Just about the time a player thinks he has this game figured out or mastered, the ball has a funny way of taking a wild hop or getting caught in a swirling wind. The only thing players have direct control over is how they approach the game. River Hawk baseball players will approach this great game with the utmost respect. Specifically, respecting the game includes the following actions and attitude:

1. Hustle at all times. Players should sprint on and off the diamond at all times. In fact, all defensive players should be at their respective positions within 12 seconds after our defensive pre-inning break down. Likewise, all defensive players should sprint off the field and meet in the team huddle in front of the dugout within 12 seconds after the third out. We will use a buddy system to help speed up this process. Each defensive player should have a buddy in the dugout that is responsible for taking his hat and glove to him if he is batting or on base when the third out is made. Players must also sprint to first base after all walks and hustle to the dugout after any strikeout. In addition, players will also be expected to hustle through first base on any foul ball, ground out, line out, pop out in the infield, and touch 2B on all fly outs to the OF.
2. Players will look sharp at all times. All players must have clean pants and jerseys for every game. All players will be expected to wear their hats to the front and straight any time they are at practice or a game.
3. Players will be expected to wear proper practice attire to every practice including pre-game workouts. Proper practice attire includes:
 - A. A Riverhawk Baseball practice shirt (shirt color depends on the type of practice)
 - B. Gray baseball pants or red/black shorts (depending on the type of practice)
 - C. Riverhawk baseball hat
 - D. Baseball shoes
 - E. Shorts may be worn for all pre-game workouts.
4. Each player is responsible for keeping the dugout clean during games. Helmets and bats should not be thrown around. All equipment should be handled with respect and kept organized in the dugout. After the game, everybody should help clean up any garbage in the dugout.
5. We are one of the few high school baseball teams to have our own clubhouse. All players must take responsibility to keep our clubhouse looking clean and first class.
6. Every player in the program will be given an equipment duty or diamond responsibility for the season. This is your job. Complete it with discipline and pride. However, do not limit yourself to just your duty. Please take care of anything else you might see that is being neglected or overlooked. **The entire squad will not be allowed to leave until all duties are completed.** This is your facility and it is one of the best in the state. Enjoy and respect it with pride!

TEAM BEFORE ME

“Success ruined many a man.”

Benjamin Franklin

“A house divided against itself cannot stand.”

Abraham Lincoln

“What’s mine is yours and what’s yours is mine.”

William Shakespeare

“The moment we break faith with one another, the sea engulfs us and the light goes out.”

James Baldwin

“Trust is the lubrication that makes it possible for organizations to work.”

“Ask not what your teammates can do for you. Ask what you can do for your teammates.”

Magic Johnson

TEAM BEFORE ME

Baseball is a game of roles. Whether it's providing the big bat in the middle of the lineup, running speed off the bench, middle inning relief pitching, or simply warming up pitchers in the bullpen, every role is vital to team success. Successful teams are comprised of individuals who are willing to put their own selfish needs on the back burner and make sacrifices for the good of the team. NBA coach Pat Riley claims in his book, entitled The Winner Within, that the "Disease of Me" can corrupt any team no matter how talented they are. Riley goes on to state that the "Disease of Me" will cause individual players to develop an overpowering belief in their own importance. Greed and resentment will slowly eat away at team chemistry. As a result, personal and team performance will greatly suffer. We need a program full of team players that are willing to fight and resist the "Disease of Me". Therefore, a Riverhawk baseball player who puts the team before himself will exhibit the following behaviors:

1. **Commit to our three team goals and make these goals your primary focus. Our team will have the following three team goals every year:**
 - A. **Win 25 or more games**
 - B. **Win the conference championship**
 - C. **Win the state championship**
2. Honor your commitment to the team by making baseball an important priority during the season. All players are strongly discouraged from missing games for any reason they have direct control over.
3. **It is as an expectation that all members of the program attend the end of the season awards banquet to celebrate the success of the entire program.**
4. **All players will be expected to participate in our Hit-a-Thon Fundraiser.**
5. All players will be expected to come out of the dugout to congratulate a teammate who exercises a quality at bat. A quality at bat could include laying down a sacrifice bunt, moving a runner over, or hitting a sacrifice fly.
6. **Players who exhibit the "Team Before Me" attitude to the highest level will be recognized with a "Team Before Me" award.**

PLAY TO WIN

“In war there is no substitute for victory.”

Douglas MacArthur

“Adversity causes some men to break; others to break records.”

William A. Ward

“Impossible is a word to be found only in the dictionary of fools.”

Napoleon Bonaparte

“The will to win is important, but the will to prepare is vital.”

Joe Paterno

“The future belongs to those who believe in the beauty of their dreams.”

Eleanor Roosevelt

“The minute you start talking about what you’re going to do if you lose, you have lost.”

George Shultz

PLAY TO WIN

Winning is an attitude. If you carry yourself like a winner and possess the mindset of a winner, the chances of our team achieving the ultimate goal of winning a state championship will become a lot more likely. However, a winning attitude must be constant and relentless. Whether it's an off-season workout, a hitting practice session, or a state tournament game, the mindset cannot change. Play like a champion and Play to Win at all times! A River Hawk baseball player who plays to win will:

1. Understand and accept the philosophies of each level of the program. All levels of the program will play to win. It is our belief that winning must become an expectation right out of the shoot at the JV2 level. However, our JV2 and JV1 coaches will attempt to give as many players as possible quality playing time as long as the ultimate goal of winning is not compromised. Of course, the ultimate goal of the varsity squad is to win a state championship. The best players in the program, based on the coaching staff's evaluation, will receive the majority of playing time in varsity games. The coaching staff will consider moving up underclassmen to the varsity level if we feel they give us the best chances of winning varsity games.
2. Bring a winning attitude and mindset to the ballpark every day. Whether it's an early season practice, batting practice before a big game, pre-game warm-ups, post-game conditioning, or the actual game itself, all players will be expected to to compete at their highest level possible both physically and mentally.
3. We encourage all players to participate in other sports throughout the school year. However, we still expect all players to take advantage of off-season opportunities to make themselves better such as fall leagues, spring leagues, hitting leagues, and pitcher/catcher workouts. The athlete's in-season sport should always take top priority, however.
4. Commit to weight training. **Strength is vital to success in all sports including baseball.** All players in our program will be expected to work hard in the weight room year around.
5. Each level of the program will be expected to keep various charts during the course of a of the game. If these charts are done accurately, they might give us the extra advantage we need to win. Players who are not in the starting line-up will be expected to keep the charts.

RIVERHAWK BASEBALL TEAM COVENANT

A covenant is an agreement or promise that binds people together towards a common goal. Everybody is held accountable and must help each other fulfill their commitment to the words of the covenant.

By signing below, I vow to commit myself to team excellence by following the Riverhawk Creed:

1. Discipline Yourself
2. Respect the Game
3. Team Before Me
4. Play to Win

Signed (Player)

Signed (Parent)

Date_____

2025 SCHEDULES

ALL PRACTICE AND GAME
SCHEDULES FOR THE 2025 SEASON
CAN BE VIEWED ON OUR PROGRAM
WEBSITE AT:

WWW.RIVERHAWKBASEBALL.COM

PLEASE CHECK THE WEBSITE
FREQUENTLY FOR UPDATED
INFORMATION REGARDING
RIVERHAWK BASEBALL